

Overview of Medical and Behavioral Health Purchasing

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Adult Behavioral Health Services Task Force-April 22, 2014



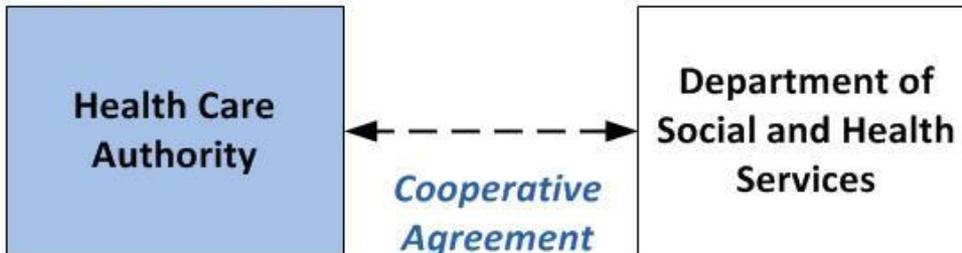
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Administrative Responsibility Shared

Washington's "Single State Medicaid Agency"



- Medical coverage
- Mental health (non access to care standards)

- Mental health (access to care standards)
- Chemical dependency
- Long-term services and supports

ADDITIONAL PARTNERS

State Government Agencies

- Department of Health
- Department of Corrections
- Labor and Industries
- Office of the Insurance Commissioner
- Office of Financial Management

Public-Private Partners

- Local Governments
- Tribes
- Providers
- Payers
- Community Organizations
- Health Benefits Exchange



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Separate Purchasing Responsibilities

Mental Health Services for People who meet Access to Care Standards (ACS)

DSHS administers benefits:

- County-based Regional Support Network (RSN) contracts for mental health services
- State hospitals provide intensive psychiatric inpatient treatment

Providers

Medical Services & Mental Health Services for People who do NOT meet ACS

HCA administers medical benefits (including prescription drug coverage) & mental health benefits for Medicaid enrollees who do not meet ACS

- Contracts with Healthy Options plans for medical & non-ACS mental health managed care services
- Direct contracts with providers for fee-for-service (FFS) enrollees

HCA administers dental benefits via direct contracts with providers.

Providers

Chemical Dependency Services

DSHS administers chemical dependency benefits :

- Contracts with counties and tribes for outpatient services, including opiate substitution treatment
- Direct contracts with residential treatment agencies for residential services

Providers

Individual Client

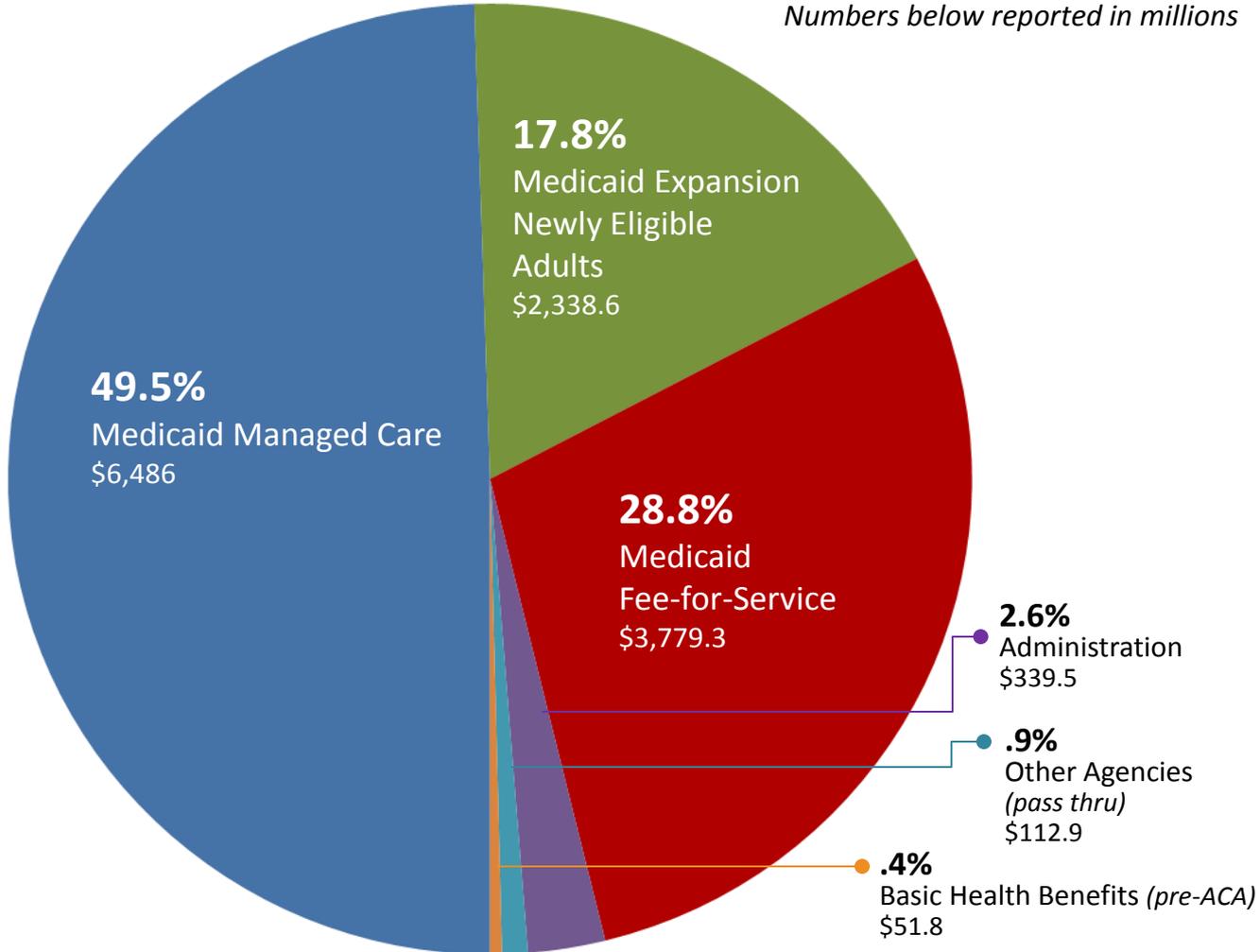
Overview of HCA Purchasing

MaryAnne Lindeblad, Medicaid Director
Health Care Authority

HCA 2013-15 Biennium Budget

Excluding Public Employee Benefits

TOTAL = ~\$13.1 billion
Numbers below reported in millions



Medical/Mental Health (non-ACS) Funding Sources

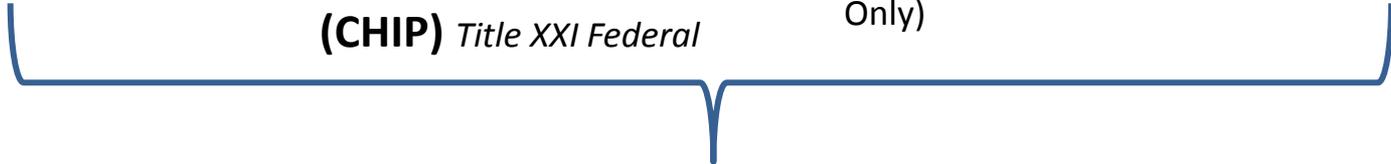


Medicaid
Title XIX Federal

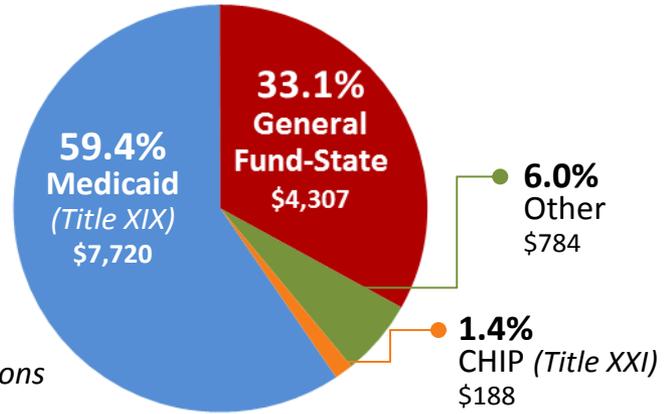
Children's Health Insurance Program (CHIP)
Title XXI Federal

State Funds
(Match & State Only)

Other



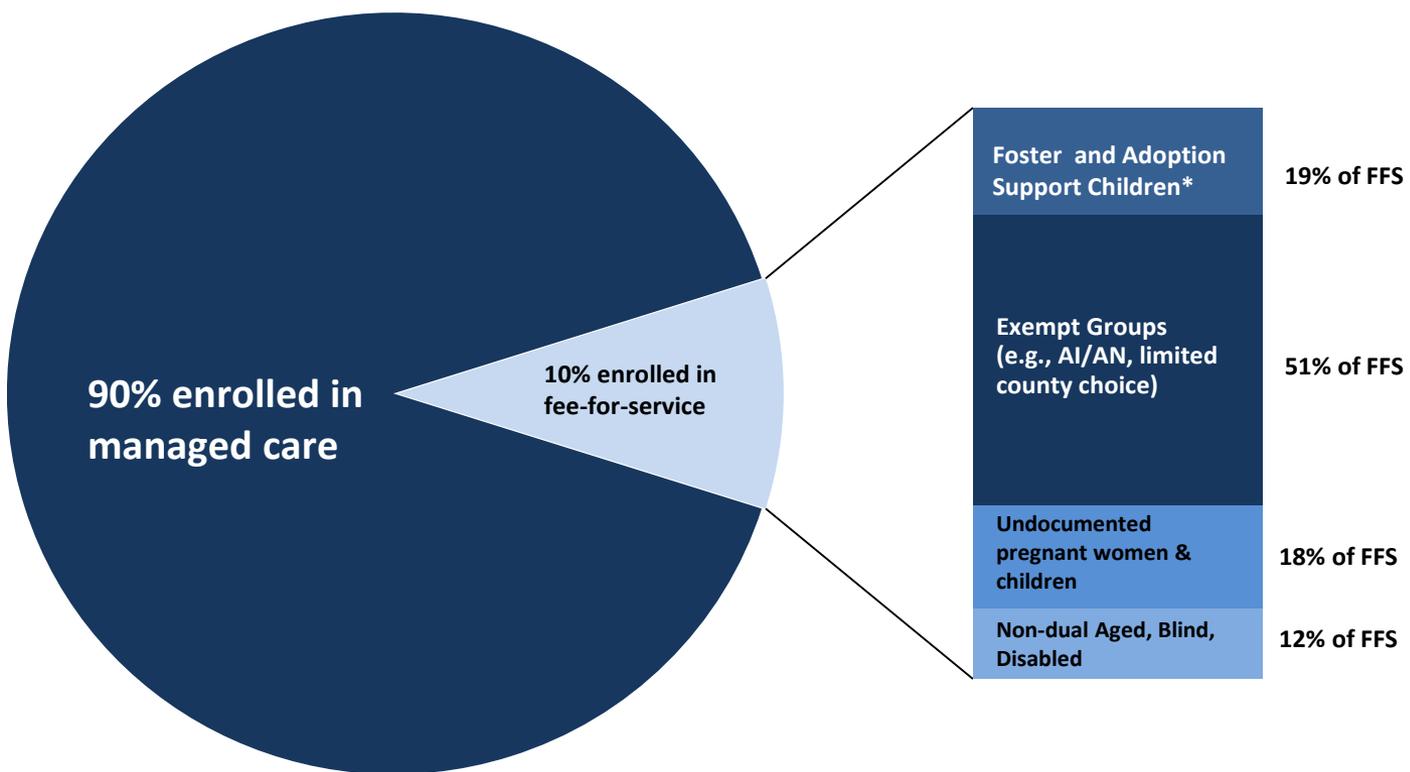
Used to fund medical, dental, and mental health services for eligible individuals



Numbers reported in millions

How are Medical and non-ACS Mental Health Services Administered?

Approx. 1.3 million individuals receive their full health benefits coverage from Medicaid/CHIP
(excludes duals, partial duals, family planning-only and alien emergency medical.)



* Currently planned to move to managed care in 2015.

Source: HCA Quarterly Enrollment Reports

How are Medical and non-ACS Mental Health Services Administered?

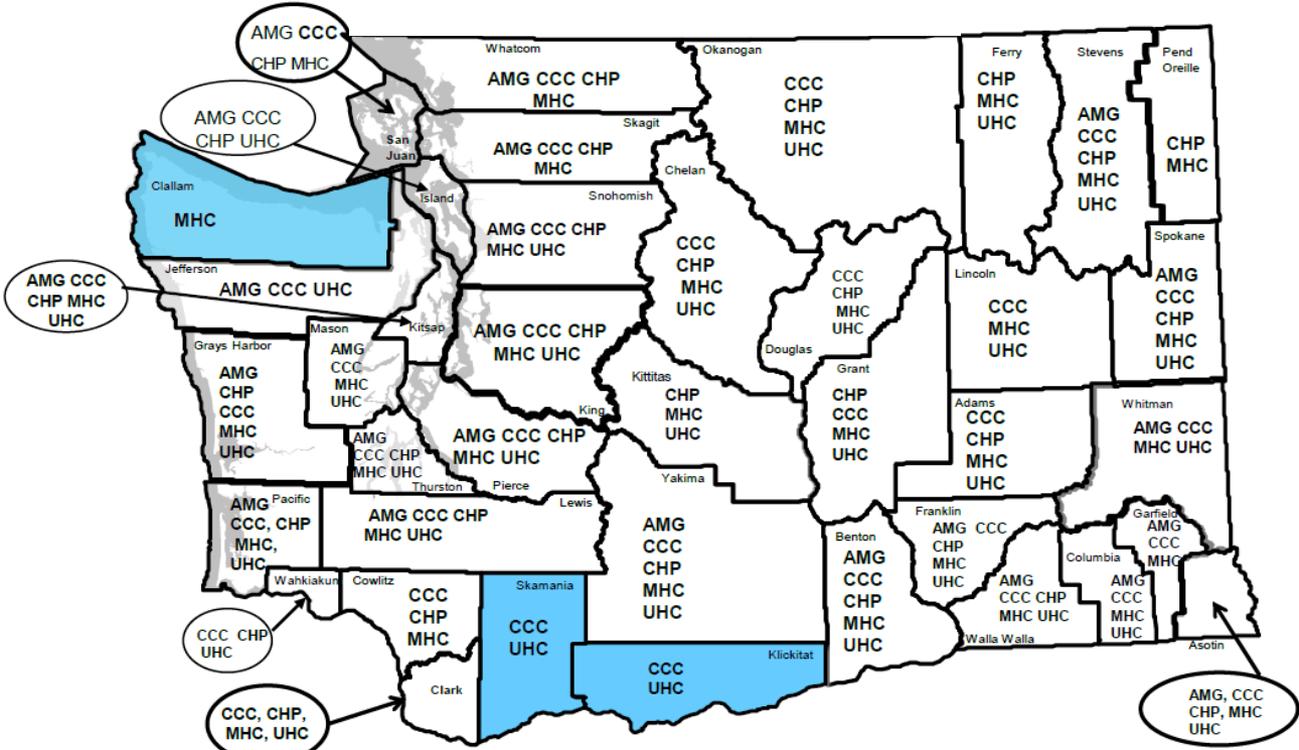
(continued)

2014 – 5 managed care organizations (MCOs)

- Amerigroup (19%*)
 - Community Health Plan of Washington (27%)
 - Coordinated Care (14%)
 - Molina Healthcare (39%)
 - UnitedHealth (12%)
-
- MCOs receive a per-member-per-month capitation payment for each “Healthy Options” enrollee.
 - MCOs are at risk to provide all medically necessary medical services.
 - MCOs are also at risk for mental health services for enrollees who do not meet Access to Care Standards. Individuals who do meet ACS standards are transferred to a Regional Support Network for further mental health services.
 - Tribal providers receive federally established encounter rate – federal Government pays differential between MCO-contracted rate and encounter rate (\$330)

* Percent of April 2014 Medicaid enrollees covered by a managed care plan

2014 Managed Care Service Areas



County enrollment in managed care is voluntary.

2014 Health Plans

- Amerigroup (AMG)
- Community Health Plan of Washington (CHP)
- Coordinated Care (CCC)
- Molina Healthcare (MHC)
- UnitedHealth (UHC)

MCOs Provide an Array of Medical/Mental Health Services

MEDICAL SERVICES*

- Ambulatory services
- Emergency services
- Hospital-based services
- Professional office visits
- Maternity and newborn care
- Prescription drugs/medication management (including mental health drugs for Medicaid enrollees who meet ACS)
- Rehabilitative and habilitative services and devices
- Laboratory and imaging services
- Preventive and wellness services
- Early Periodic Screening, Diagnosis & Treatment (EPSDT) for individuals up to age 20
- Pediatric services, including medical, mental health, oral and vision care
- Case management, care coordination and chronic disease management
- Translation and interpreter services

** Other support services (e.g., transportation) are administered by the HCA outside the MCO contracts*

MCOs Provide an Array of Medical/Mental Health Services

(continued)

MENTAL HEALTH *(for individuals who do not meet access to care standards)*

- Mental health services - in parity with other medical/surgical benefits
 - Mental health services from psychologists, licensed mental health counselors, independent clinical social workers, advanced social workers, marriage and family therapists
 - Psychiatric services by psychiatrists & psychiatric advanced registered nurse practitioners
 - Psychological testing
 - For example: psychiatric evaluation, office visits, individual/family counseling, group therapy, medication management, case management, home services
- Mental health-related services
 - Applied behavior analysis services
 - Alcohol or substance misuse counseling - SBIRT services (screening, brief intervention and referral to treatment)
 - Tobacco cessation counseling

Overview of Behavioral Health Purchasing

Jane Beyer, Assistant Secretary

Behavioral Health and Service Integration Administration

Department of Social and Health Services

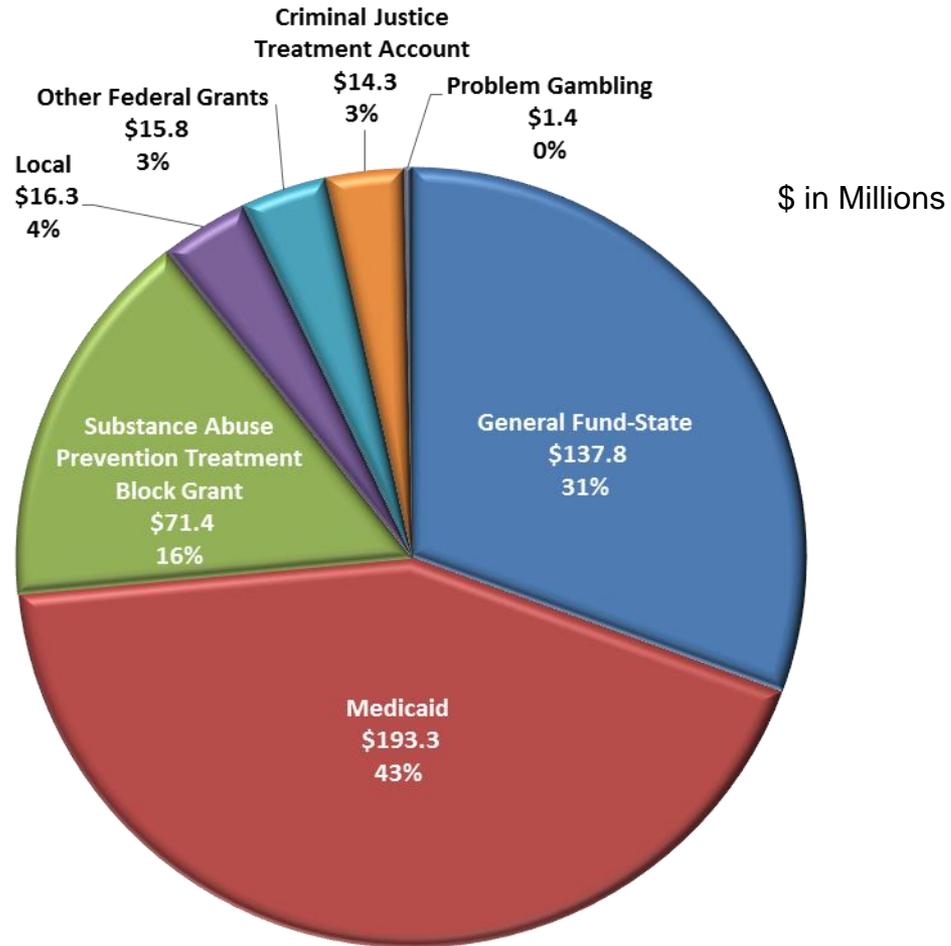


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Chemical Dependency 2013-2015 Biennium

Total Revenue \$450.4 Million



Chemical Dependency Funding Sources



Medicaid



**State
Allocated
Funds**



**Federal
Block Grant
Funds**



**Local Tax
Funding
1/10th of 1%**

**Used to fund
outpatient/crisis/residential
services**

**Funds non-Medicaid
services and
outpatient/residential**

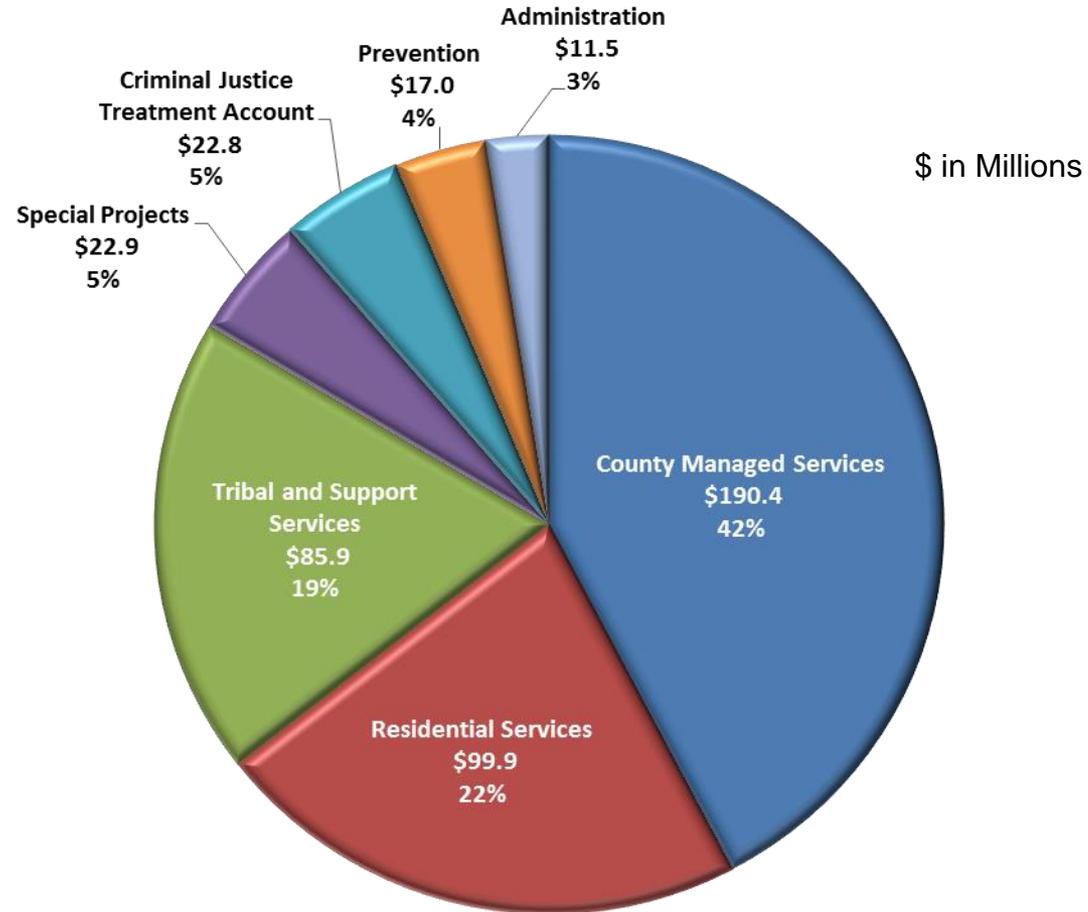
**Counties
choose how to
spend funds**



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Chemical Dependency 2013-2015 Biennium Budget



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Chemical Dependency Eligibility for Services

Medicaid Funded

- Current Washington Medicaid eligibility.
- Services can be accessed with a valid categorically needy eligibility in Provider One.

State Funded

- Determinations are based on income on a sliding-fee scale.

Federal Block Grant

- Serves individuals in outpatient or residential settings.
- Non-Medicaid billable services.

Note: All individuals must be diagnosed with a substance use disorder

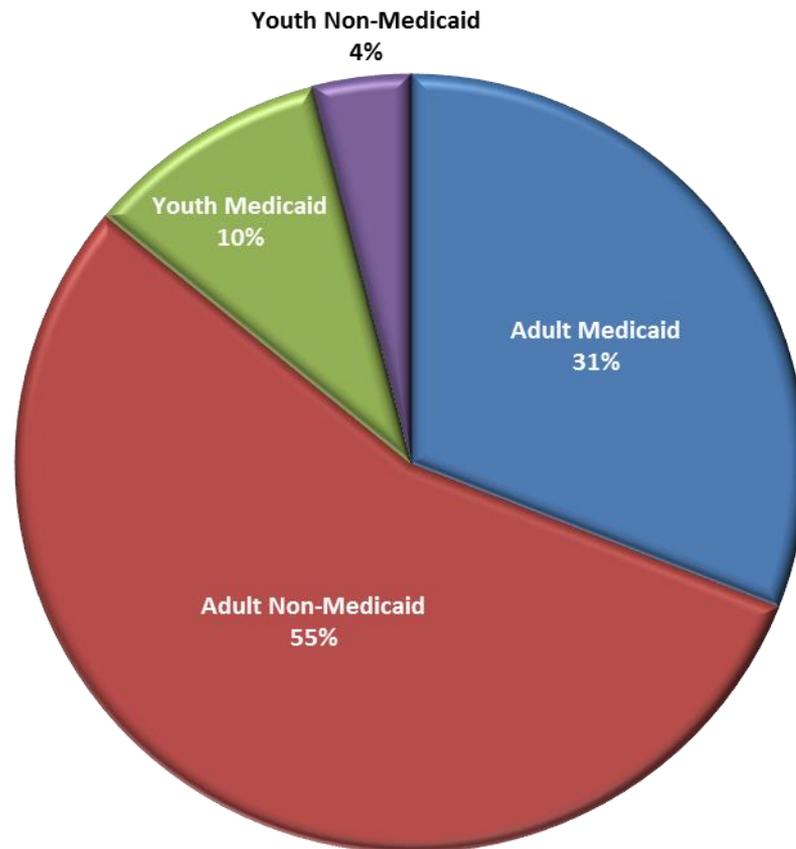


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Receipt of Chemical Dependency Services* Fiscal Year 2013 – State and Federal

Unduplicated Caseload = 63,293



*Includes Assessments, Detox, and Treatment



How Are Chemical Dependency Treatment Services Administered?

- Services are provided on a fee-for-service basis with rates for bed days, hours of outpatient, or specific rates for assessments.
- Residential services and support services for housing support are contracted by the state directly with providers.
- Outpatient and most detoxification services are contracted through counties and subcontracted out to providers.
- Access to Recovery (ATR) and other recovery support services are contracted through counties.



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Types of Chemical Dependency Services

- **Prevention:**
 - Community, school-based, and tribal programs.
 - Statewide programs implemented primarily through interagency agreements and partnerships.
- **Intervention:**
 - Alcohol detoxification and referral services for youth and adults.
 - 24-hour helpline.
 - Drug, family therapeutic and DUI courts.



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Types of Chemical Dependency Services

Treatment:

- Residential Chemical Dependency Treatment
- County Based Outpatient Treatment
- Detoxification
- Support Services (i.e. Housing Support Services for Pregnant and Parenting Women)
- Housing Assistance (Oxford Housing)
- Recovery Support Services (Access to Recovery)
- Problem Gambling

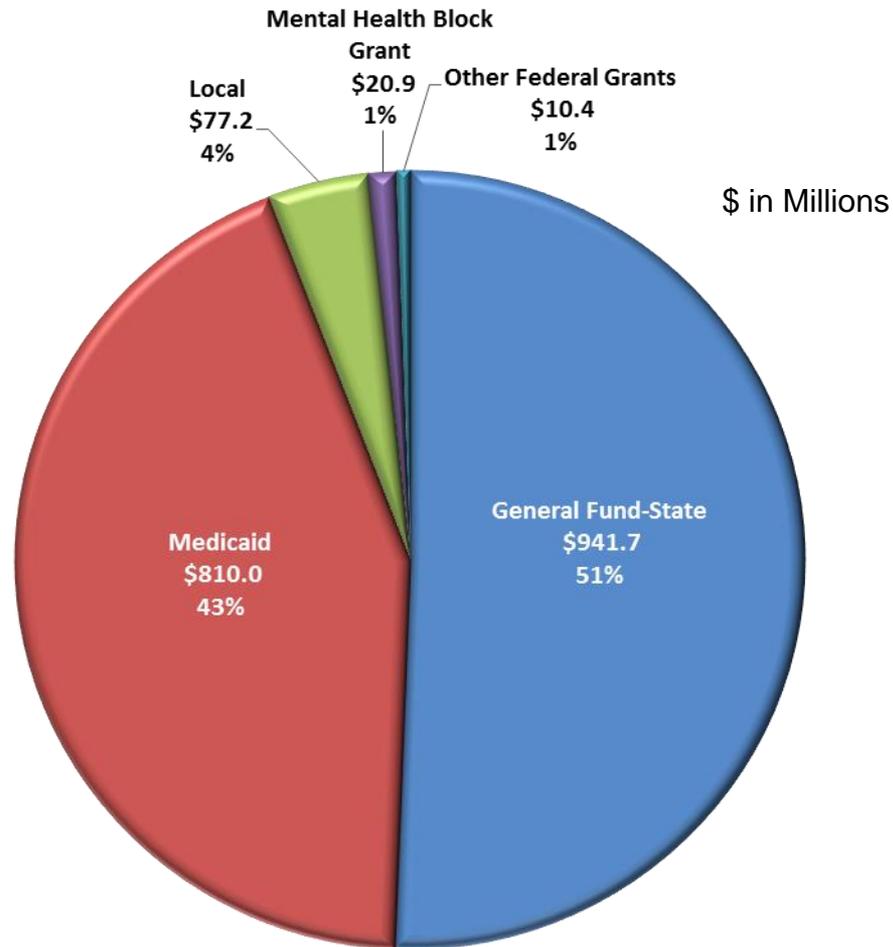


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Mental Health 2013-2015 Biennium

Total Revenue \$1.86 Billion



Mental Health Funding Sources



Medicaid



**State
Allocated
Funds**



**Federal
Block Grant
Funds**



**Local Tax
Funding
1/10th of 1%**

**Used to fund
outpatient/inpatient/crisis/
residential services**

**Services for
non-Medicaid
individuals or
non-Medicaid-
billable services**

**Counties
choose how to
spend funds**

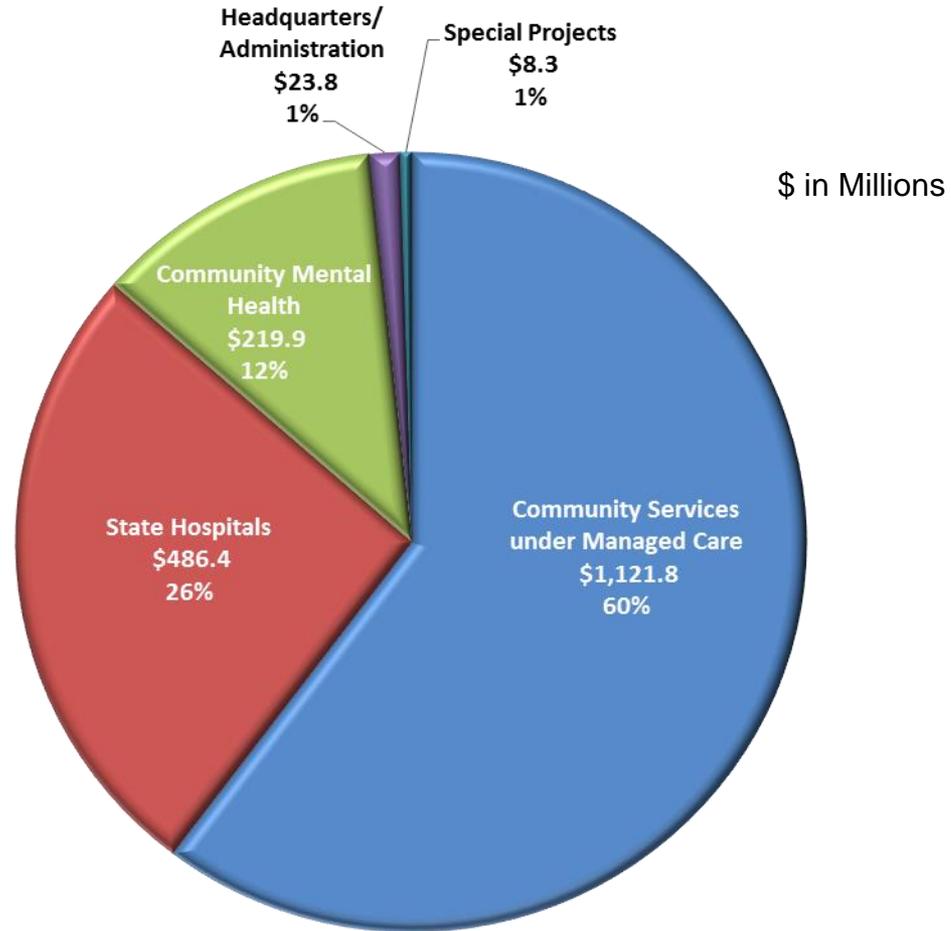


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Mental Health

2013-2015 Biennium Mental Budget



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Mental Health Eligibility for Services

Medicaid Funded

- Current Washington Medicaid eligibility.
- Medical necessity, i.e., meet the Washington Access to Care Standards.

State Funded

- Each RSN determines eligibility for state-funded services. Priorities are crisis, stabilization, and residential services.

Federal Block Grant

- Serve individuals not on Medicaid.
- Non-Medicaid billable services.

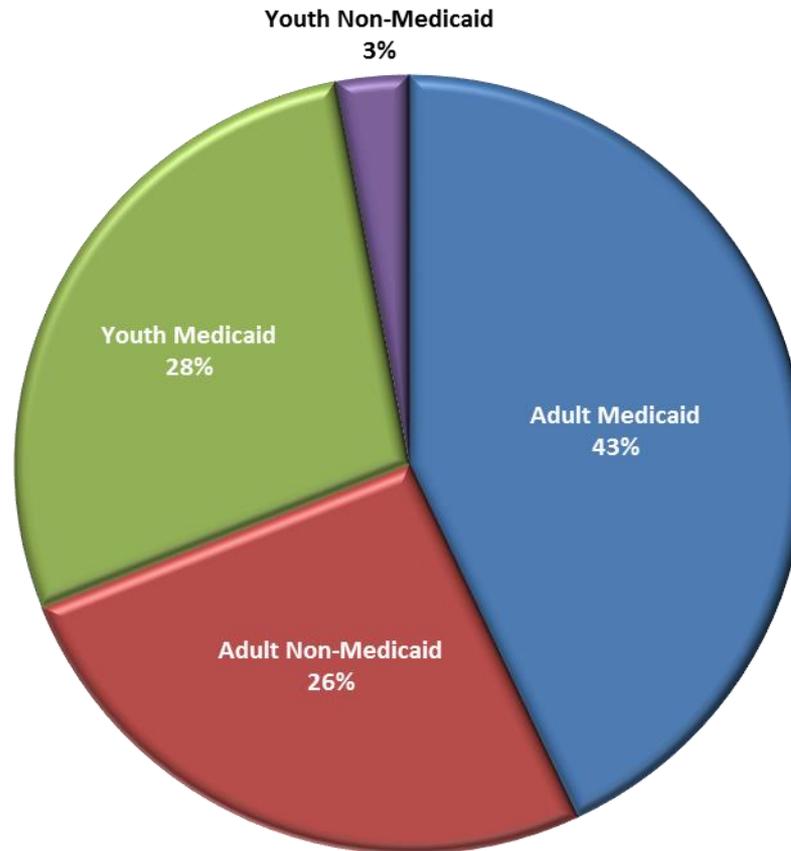


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Receipt of Mental Health OP/Crisis Services Fiscal Year 2013 – State and Federal

Unduplicated Caseload = 144,417



How Are Community Mental Health Services Administered?

- 11 Regional Support Networks (RSN).
- Medicaid operated under a 1915b Federal Waiver as Prepaid Inpatient Health Plans.
- RSNs receive a per-member-per-month capitation payment for all Medicaid enrollees.
- RSNs are at risk to provide all medically necessary mental health services to Medicaid clients who meet Access to Care Standards.



How Are Community Mental Health Services Administered? *(cont.)*

- RSNs provide mental health crisis and involuntary treatment services to all state residents
- State-only funded program operates under a separate contract and RSNs provide limited non-Medicaid services within their available state-only resources.
- Services are primarily provided through subcontracts with licensed community mental health agencies (approximately 170 provider agencies).



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RSNs Provide the Following Medicaid Mental Health Services Statewide

- Brief Intervention
- Crisis Services
- Day Support
- Family and Individual Treatment
- Evaluation and Treatment (inpatient)
- Group Treatment
- High Intensity Treatment
- Intake Evaluation
- Medication Management
- Mental Health Services in Residential Setting
- Peer Support
- Psychological Assessment



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RSNs Provide the Following Additional Services within Available Resources

RSNs are provided with General State Funds to provide the following for anyone in the boundaries of the counties in the region:

- Involuntary Commitment Services
- Crisis Services
- Involuntary Commitment Services
- Freestanding Evaluation and Treatment

RSNs additionally use Federal Block Grant , local tax dollars and donations, plus any state funds not used for the above to provide:

- Residential Supports including Supported Housing
- Employment Services
- Community Education and Consultation



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Adult Behavioral Health Services Task Force-April 22, 2014



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Appendix



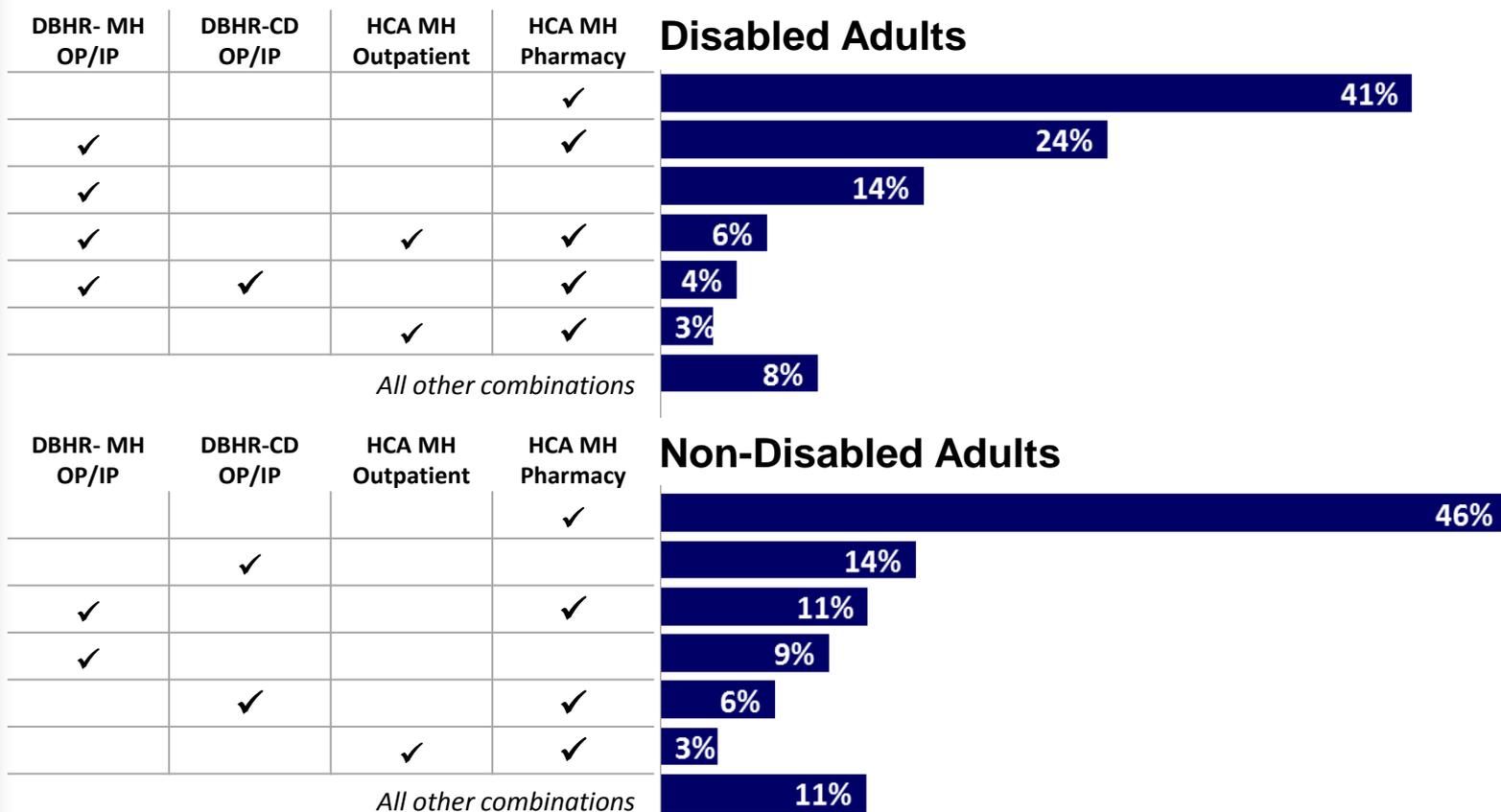
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Medicaid clients receive behavioral health services through a complex set of delivery systems

Adult Medicaid enrollees age 21-64 • SFY 2012

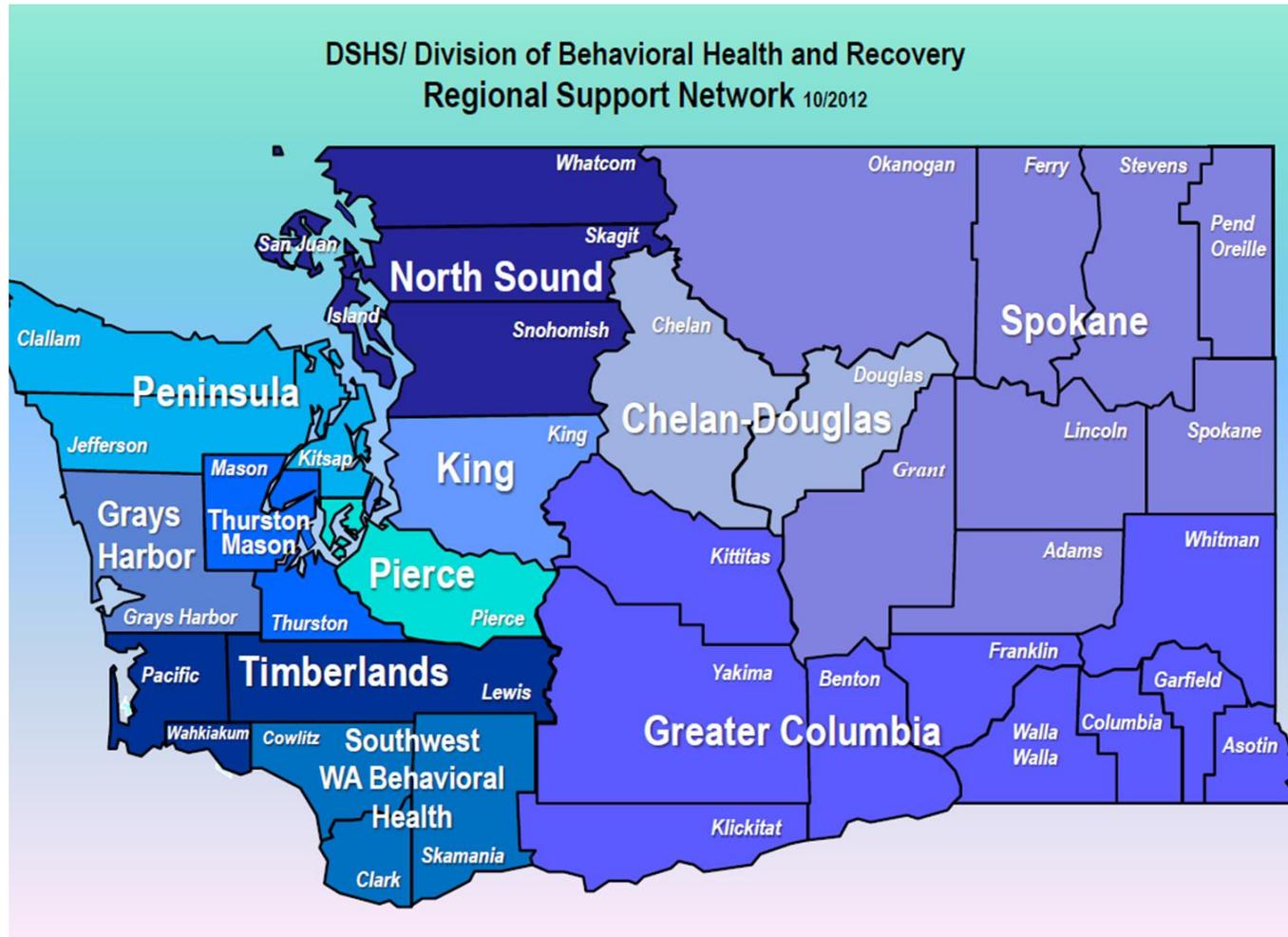
Including dual eligibles, excluding persons with third-party coverage



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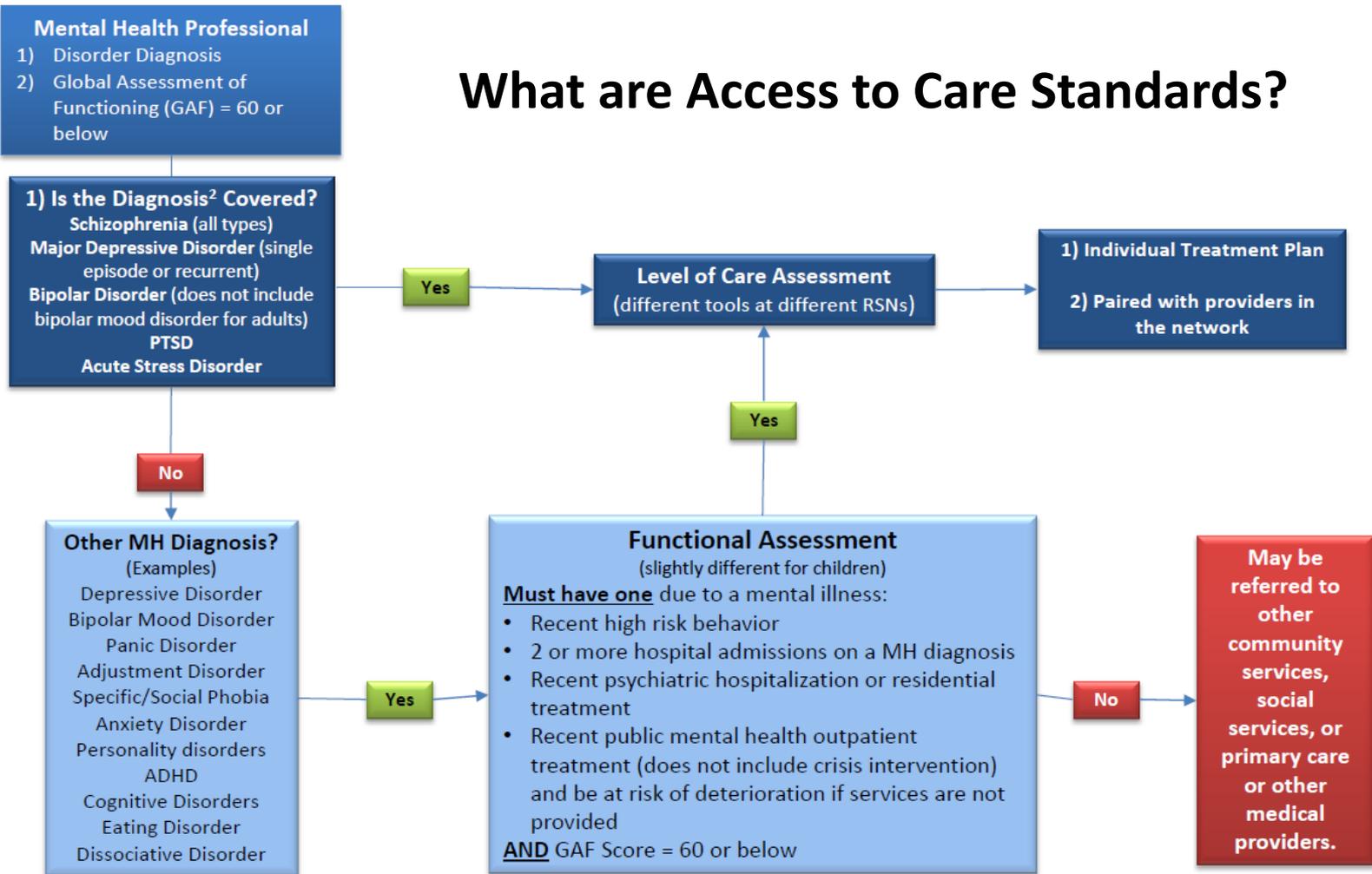
Regional Support Networks



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What are Access to Care Standards?



Source: Excerpted from Senate Ways and means Staff Presentation January 23, 2014

²For Children, Bipolar Mood Disorder and all levels of Depressive Disorder are a covered diagnosis.